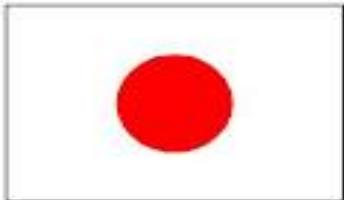




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# WORLD „ TOA „



TOA: THE IRANIAN NATIONAL MARTIAL ART

# World Union of TOA Associations (WUTA)

Under the Auspices of:

I.R. Iran Ministry of Sport & Youth National Olympic Committee of I.R. Iran

Governor General of Fars Province

General Department of Sport & Youth of Fars Province

**Ali Montazeri Najafabadi**  
**President**

For the World Union of TOA Associations (WUTA)



Sincerely Yours

*B. Afsharzadeh*

**Bahram Afsharzadeh**  
Secretary General



## To Whomsoever It may Concern

The National Olympic Committee of the Islamic Republic of Iran is hereby pleased to certify that the Martial Art and Combat Sport “**TOA**” [formerly referred to as Kung Fu To’a] has been widely practiced in I.R. IRAN and across the globe since numerous decades and that TOA has accorded official recognition the NATIONAL MARTIAL ART of IRAN by our NOC.

The World Governing Body for TOA is the **World Union of Toa Associations WUTA** [formerly known as World Union of Kung Fu Associations WUKA] which is officially recognized by our NOC and by our Physical Education Organization as an independent international sports organization.

Sincerely Yours

*B. Afsharzadeh*

**Bahram Afsharzadeh**  
Secretary General



# **WUTA Membership Application**

**Date: 03 August 2011**

**From: “Alireza Gholamali Majdabadi ”**

**“ President of Silk road Trading Company JAPAN”**

**To: The Secretariat of the World Union of Toa Associations (WUTA)**

**Subject: Grant of Membership and Recognition.**

For the World Union of TOA Associations (WUTA)



**Ali Montazeri Najafabadi**  
**President**

**Dear Sir / Madam**

With this present document, in our official capacity as authorized representatives of our National Toa Association/ Federation, we hereby apply for WUTA membership.

We hereby affirm and declare voluntarily that we will adopt and respect and fully abide by the Constitution of the WUTA and by its Referee Rules and by the resolutions of the Executive committee of the WUTA.



**WORLD UNION OF TOA  
ASSOCIATIONS**

Date: September, 04<sup>th</sup> 2011

No: 15-2011

“Alireza Gholamali Majdabadi ”  
“ President of Silk road Trading Company JAPAN”

The Executive Committee

of

**The World Union of TOA Associations (WUTA)**

confirms herewith that

**Mr. Alireza Gholamali Majdabadi**

of

**JAPAN**

*is hereby appointed as the National Representative*  
**of the World Union of TOA Associations (WUTA)**  
**for the period of 2011 to 2015.**

The WUTA hereby empowers and holds accountable the Aforementioned National Representative to develop and propagate the culturally-rich heritage sport of TOA throughout your country and maintain proper control of all TOA activities in this Region, ensuring that the procedures are followed in strict accordance with the Rules and Regulations of the WUTA in Tehran, Iran It is the Duty of the National Representative to establish and register the NationalToa Association/Federation in his/her designated country as a Non Profit, Non Governmental Sports Association within six months of this appointment and then secures the same support from the National Olympic Committee and National Sports Authority.

For the World Union of TOA Associations (WUTA)



**Ali Montazeri Najafabadi**  
**President**



*is hereby appointed as the National Representative*  
**of the World Union of TOA Associations (WUTA)**  
**for the period of 2011 to 2015.**

WUTAはここに権限を与えると同時に説明責任と前述の国家を保持する。

TOAの文化的に伝わる遺産のスポーツを開発して行く、伝播する代表。

あなたの全国と手続きがの規則および規制を遵守して続いていることを確認しながら、この地域におけるすべてのTOAの活動の適切なマネージメントを維持して行く。

テヘラン、イランのWUTAは、それは国家を確立して登録する国家代表の義務です。

特定として男女ともに指定国におけるTOA協会、連盟は政府スポーツのこの任命から6カ月以内に協会とは、国内オリンピック委員会と国立スポーツオーソリティから同じサポートを確保。

For the World Union of TOA Associations (WUTA)

**Ali Montazeri Najafabadi**

**President**





## WORLD UNION OF TOA ASSOCIATIONS

Date: September, 04th, 2011

No: 15-2011

The Executive Committee  
of  
**The World Union of TOA Associations (WUTA)**  
confirms herewith that  
**Mr. Alireza Gholamali Majdabadi**  
of  
**JAPAN**  
*is hereby appointed as the National Representative*  
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**for the period of 2011 to 2015.**

The WUTA hereby empowers and holds accountable the Aforementioned National Representative to develop and propagate the culturally-rich heritage sport of TOA throughout your country and maintain proper control of all TOA activities in this Region, ensuring that the procedures are followed in strict accordance with the Rules and Regulations of the WUTA in Tehran, Iran It is the Duty of the National Representative to establish and register the NationalToa Association/Federation in his/her designated country as a Non Profit, Non Governmental Sports Association within six months of this appointment and then secures the same support from the National Olympic Committee and National Sports Authority.

For the World Union of TOA Associations (WUTA)  
**Ali Montazeri Najafabadi**





## **History of WUTA organization:**

In study of history culture ancient monuments of Iran, while understanding of the unique glory, this question comes to mind immediately:

Having such a background from civilization and history and bravery, how is it that Iran and Iranians don't have a competent and inconsistent position in some common social fields in personal word such as sport with today's special concerts and particularly in martial arts?

In everywhere in the word to answer this question, each Iranian afoul to some kinds of shame and metamorphic afterwards. Some people pass this issue easily by reasoning, but some others have the feel of responsibility and look for a satisfying answer intensively.

To follow this passion and prowling from it lover and motivated Hamah's with abstract scapegoat from Iranian people old martial arts called **TO'A** with meaning of (you come) and with concepts of invitation of humans to kindness, honesty, empathy, love of homeland, courage, chivalry and being along which are the reminder of **Olympic charter** have come to gather and then the thought and foundation of WUTA was built.

**TO'A** is based on Iranian creation and thought and by reliance on the base of history, culture, Erfan, believes, sport science, experience and available records in Iranian people's martial arts were founded.

**TO'A** believes in the fact that sport and reinforcement of body, cause health and stability of body.

It also believes that human body is the base of thought and human as masterpiece of creation,

Treasure of unlimited power and thought and consciousness and awareness

Searching in this treasure is the most important principle of his life. Also sport without awareness and consciousness is a movement to indirection.

Following instruction is advised to Hamah's in **TO'A**:

***“Be strong to top best forces and the most capable thoughts”.***

It is now 40 years passed since founding of **TO'A** in Iran.

Initially this martial art in format of Wuka started its development internationally.

Holding Islamic countries international championships in Isfahan in 2006 and world clubs championships in Zanjan in 2007 and participating in Philippine Asian championship and respective judgment course in 2008 were the most important events for Wuka.

In order to e coordinated with international sports federation (sportaccord) in Wuka congress in Isfahan in 2010 and with presence of representatives of martial arts of more than 40 countries and with presence of highly ranked Iranian authorities and athletics , Wuka changed to Wuta (world union of Toa association).

Wuta is now climbing the ladder of development in international levels.

# WUTA تاریخچه مختصری از سازمان

- WUTA組織の歴史:
- この情熱をフォローして、そこからうろつい恋人とやる気ハマーの抽象的なスケープゴートを持つイランの人々からの古い武道は(あなたが)来るとへのヒトの招待の概念の意味をTO'Aと呼ばれるには優しさ、誠実さ、共感、祖国への愛、勇氣、騎士道とそれに沿ってあることは、オリンピック憲章を思い起こさせWUTAの思想と基盤が構築された後、収集しに来た。
- TO'Aがイランの創造と思考に、歴史、文化、Erfan、と考えて、スポーツ科学、経験やイランの人々の武道の利用可能なレコードの基地への依存によって基づいているが、設立されました。
- TO'Aはスポーツとボディの補強は、体の健康と安定性を引き起こすという事実を信じている。
- また、その人間の体は創造の傑作としての思想と人間の基本であると考えています
- 無限の力と思考と意識と意識の宝物
- この宝物の検索には、彼の人生の最も重要な原則である。また、意識と意識せずにスポーツが間接への動きです。

### **Concept of name :**

WUTA is abbreviated for world union of TO'A association

### **TO'A:**

With the meaning of you(to) come(a) and with concept of invitation of humans to kindness, honesty, empathy, love of home land ,bravery chivalry and being along with a new style which is a result of Iranian peoples martial arts

### **Concept of symbol:**

- Five different colors used in the symbol of WUTA organization are those five colors used in Olympic rings with concept of unity and brotherhood of different races in five continents.
- Martial technique in the middle of logo is reminder of foot technique (yete kyato) in the martial art and its design associates the concepts such as beauty, strength, balance and harmony in martial art.
- The planet earth which is in the background of logo on one hand is reminder of development of WUTA in the world and its five continents and on the other hand is reminder of field of competition (Otaymi) in Iranian martial art TO'A.
- The olive arm is symbol of peace and friendship in the world with holy concept in Iranian culture, appears with a green color in the logo.
- There are several circles in the logo which are from inside to outside and indicate the spread of friend ship and being along from center of universe, the earth in WUTA.

### **Organization aims and tasks:**

As it is obvious from its name this organization is set to create unity and coordination, connection between Toa kars around the world and develop and upgrade of Iranian martial arts (TO'A) which is spread and dehiscence of history, culture art and politeness of Iran in the world. The symbol of WUTA union is a mysterious bird in Iran's culture and politeness called Simorgh which is indicator of Iranian people's unity, WUTA's task and development and upgrade of this union in international levels.

## مفهوم نماد:

- シンボルのコンセプト
- – WUTA組織のシンボルに使用される5つの異なる色は5つの大陸で異なる人種の団結と友愛の概念と五輪で使用されている5色です。
- ログの途中で-武道技術は足武術における技法(yete kyato)とその設計仲間を思い出させてくれますような美しさ、強さ、バランス、武術の調和などの概念。
- – 一方ではログの背景にある地球という惑星は、世界でWUTAの開発のリマインダーとその五大陸であり、その一方で競争のフィールド(Otaymi)のリマインダはイランの武術TO'Aになっています。
- オリーブのアームがイラン文化における神聖な概念と世界の平和と友情のシンボルであり、ログの緑色で表示されます。
- 内側から外側にあり、友人の船の普及や宇宙、WUTAで地球の中心からに沿っていることを示すロゴマークにはいくつかのサークルがあります。



## **Presidents office**

**Ali Montazeri naiafabadi, WUTA President**

Unit 71-7rd floor –Padidar street – Jordan street –Vanak sqaiier-Tehran-Iran

Tel: (+98) 2188886226 begin\_of\_the\_skype\_highlighting FREE (+98) 2188886226 end\_of\_the\_skype\_highlighting

Fax:(+98) 2188886227

e-mail:

## **CURRICULUM VITAE**

Ali Montazeri naiafabadi

Born 29-03-1970in Najafabad(Tehran)

Iran Nationality

## **STUDIES**

**Graduated of conservatory of Dr.shariati in 1989**

**BS of industrial management from Shiraz university In 1995**

**MS of industrial management from Islamic azad university of najaf abad in 2002**

## **SPORT RELATED ISSUES**

**Official coach and judger of karate in 2001**

**Champion of karate student championship**

**Head of martial art group in Fars province**

**Head of kung fu group in Fars province**

**Sport assistant of physical education organization in Fars province**

**Member of presidium of martial art federation**

**Head of kung fu federation of Iran in 2007**

## TOA Musical Form

TOA Musical Form is defined as the effect of music and the use of different traditional and local musical instruments on Iranian Martial Arts. Accordingly, the wonders of the history, beliefs, culture, music, and literature of Iran is shown worldwide by the Iranian Martial Art.

As a result, TOA Musical Form started its activities in two parts namely music composition and performance.



After months of endless efforts and revisions, TOA Musical Form was prepared and released to the market. The received feedback was so great that the organizing committee of the 4th International Martial Arts Games 2011 IMGAC in Estonia granted the permission to the performance of TOA Musical Form of Islamic Republic of Iran and their performance was admired by the 15 thousands audiences present in the competition hall

## In the name of god of life and wisdom

The fundamental pillar of prosperity in administration is research. Not paying attention to research will cause a defect in planning and consequently failure in administration. WUTA organization by considering this issue by establishing the research unit and being in contact with experts in this field is looking for roots of Iranian martial art as a part of historical identity of old and civilization builder land ,Iran. In this regard by now, WUTA have executed successful plans in introducing Iranian martial art to the world, in addition to find valuable findings.

This process is being done by two masters who are expert in research field.

## World TOA Championship 2011



## Toa

Every School of thought from the dawn of time , has affirmed that Sporting activities and Physical Education, are essential tools for providing the requisite physical conditioning to spiritually improve and nourish and harness the potential talents of human beings in every aspect, Martial Arts, distinct from other sporting activities, is referred to as a collection comprising of knowledge, history, art, craft, technique and self defense culture with or without weapons.

The general differences in various activities of martial arts, in comparison to other sports activities, presently include instructions, and certain pedagogies whether cultural or scientific and ethical which are called into attention at the same time.

In Iran, sports activities, physical education and martial arts have been given specific priority and attention right from the ancient era. Historic research and investigations reveal that the evidence of training schools for sports activities and martial arts can be traced back to over 5000 years ago.

[Arjan Dish]

It is recorded in ancient manuscripts that our Iranian forefathers had established educational and pedagogical temples named Elvitra for imparting training in sports and martial arts, approximately a thousand years before the establishment of Shaolin Temple in China.

TOA is the Iranian national martial art. It is developed through the accumulated experiences, inspiration and creativity in Iranian thought. It is based on history, culture, beliefs and sports science and the traditional martial arts of Iran and based on the capabilities, physical and spiritual potentials of the Iranian people.

In 1968, Mirzaei, an Iranian martial arts master, using his experiences in martial arts and researching Iranian martial arts history, devised and employed a new method of self defense according to capabilities, physical abilities to counter weak points and named this system as TOA, whose distinctive features are unarmed combat and self defense using weapons. This martial art grew and thrived across Iran under the supervision of Kung Fu Federation of I.R. Iran and has currently over 300,000 active members in Iran.

Using technical principles of this sport, it is hoped that TOA enthusiasts, athletes and all officials double their efforts to improve the level of knowledge and skills in human endeavors.

The TOA Concept:

The word TOA comprises of two parts with TO [meaning You in Persian] and A [meaning the command to Come to Me or Join Me] signifies the summoning of mankind to come together and unite in friendship, reconciliation, trustworthiness and join in building global solidarity in accordance with the seven Olympic principles. TOA is also used as a term of respect in this sport activity.

# تفاوت در فعالیت های مختلف هنرهای رزمی توأ

- TO`A 時間の夜明けからの思想のすべての学校は、スポーツ活動や体育は、精神的に改善し、栄養を与えるとは異なるあらゆる面で人間の潜在的な才能、武道を活用して必要なフィジカルコンディショニングを提供するための不可欠なツールであると断言しています他のスポーツ活動は、武器の有無にかかわらず、知識、歴史、芸術、工芸、技術と自己防衛の文化で構成されるコレクションと呼ばれています。
- 他のスポーツ活動に比べて武術の様々な活動の一般的な違いは、現在の文化的または科学的、倫理的、同時に注目に呼ばれているかどうかを指示し、特定の教授法があります。
- TOAのコンセプト:
- 単語TOAは[ペルシャ語であなたを意味する]に持つ2の部分から構成され、[コマンドは、わたしのところに来るか、私に参加するために意味する]一緒に来て、友情で団結、和解、信頼性とグローバルの構築に参加する人類の召喚を意味7オリンピックの原則に従い、連帯。TOAはまた、このスポーツ活動の尊重の用語として使用されています。



### **Technical Stages of TOA:**

Technical stages and levels of skills attained in TOA are determined in accordance with the color of Sash awarded. The Sash is length of colored fabric cloth that is tied to the waist. It indicates the skill level of training, perseverance and as per ancient Iranian customs, this Sash is tied to waist of athletes in different colors such as white, green, brown, black and red.

### **Official Uniform:**

The Official Athletic uniform of TOA athletes comprises of long pants to the ankles, and a round neck long sleeve top reaching below the waist, a sash and shoes, which are modern day adaptations of martial arts uniform prevalent in the era of the Achaemenids and ancient Iranians.

TOA uniform pants for all skill levels are black in color and made of thick cotton canvas gathered and tied at the waist and at the ankles.

The TOA uniform top has long sleeves covering the forearm includes two sides; one of the sides is placed on the other side of the dress and is put in the pants. The color of the top varies depending on the technical skill level of the athlete and ranges from black, red, white and black. The Sash circles the waist of the pant and is tied at the waist of the pant and knot is placed on its right side.

The TOA shoes include those covering the ankles, which are not recommended for the beginners.

### **Technical Features of TOA:**

- All the forms are based on geometric axes, and main and side geographical directions.
- All the forms start from one point and the north direction and finish in the same position and direction. This point is the Otaimi Circle (the place for TOA competitions).
- All the geometric axes and movement directions in the forms are performed with total symmetry. In the general combinations of TOA 60% is used of kicks and 40% of punches.
- Each technical movement, in general, is a primary combination plus a synchronized reaction in the opposite direction. In addition, this combination takes a wavy and turning form and finally hits the target with a shock and a clench in the joints. The outstanding specificity of TOA is in practicing the formula of movement and hit, as mentioned above, in another words performing wavy, clenching and turning techniques uniquely and powerfully.

## مراحل فنی و سطح مهارت های به دست آمده توآ

- TOAの技術段階:
- テクニカルステージとTOAを達成したスキルのレベルが授与サッシの色に応じて決定されます。サッシュは腰に結ばれる着色された織布の長さです。それは、トレーニング、忍耐力のスキルレベルを示しており、古代イランの習慣に従って、このサッシは、白、緑、茶色、黒、赤などさまざまな色で選手の腰に結ばれます。
- TOAの技術的な特徴:
  - すべてのフォームは、幾何学的な軸は、メインとサイド地理的な方向性に基づいています。
  - すべてのフォームが1点、北方向から開始し、同じ位置と方向でフィニッシュ。この点はOtaimiサークル(TOAの大会のための場所)です。
  - フォームのすべての幾何学的な軸と移動方向を合計対称で実行されます。TOAの一般的な組み合わせでは60%がキックとパンチの40%に使用されます。
  - それぞれの技術的な動きは、一般的には、主要な組み合わせに加えて反対方向に同期化された反応である。また、この組み合わせは波状と旋回形をとり、最終的にショックをターゲットにヒットし、関節に握り締める。前述したようにTOAの傑出した特異性は食いしばりとユニークかつ強力な技術を回して、波状している他の言葉で、動きやヒットの式を練習中です。

By considering the cooperation done with the Kish martial arts festival authorities, WUTA is going to hold its international tournament from 18/10/2012 to 23/10/2012 in Kish island.

In These competitions , Mayanneh style has 6 weight categories , Dochoob has 2 weight categories and Gilma has 3 weight categories.

Please note that one of the categories in Gilma style will be held in the beach and traditional form.

WUTA is going to give cash prizes to champions

# 3rd World Martial Arts Festival IRAN - 2012



You can see the Video clip in youtube about Kang FU

- 1- <http://www.youtube.com/watch?v=7dHPa0Jx8J0&feature=relate>
- 2- [http://www.youtube.com/watch?v=jl\\_DAvXy-Y](http://www.youtube.com/watch?v=jl_DAvXy-Y)
- 3- <http://www.youtube.com/watch?v=XJddX5VT754&feature=related>
- 4- <http://www.youtube.com/watch?feature=endscreen&NR=1&v=6ZIG3eJIORI>
- 5- <http://www.youtube.com/watch?v=P-bnC4iaslg&feature=related>



After the strong presence of WUTA in the 4th IMGC games in Estonia , an invitation from IMGC has been sent to WUTA to invite it for the 5th IMGC games in Melbourne, Australia. WUTA is going to hold its world championship with the IMGC invitation in 2013 in Australia.

## Conferences & Gatherings

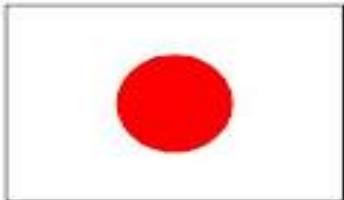
- [Tehran ceremony](#)
- [Shiraz ceremony](#)
- [Baku opening ceremony](#)
- [Isfahan ceremony](#)
- [Physical education day with presence of president](#)
- [Performance in presence of Venezuela president](#)
- [Performance in Baku](#)
- [The 4th international martial arts games 2011 \(IMGC\) in Estonia](#)
- [The opening ceremony of the best of the bests tournament in Chalooos](#)
- [The opening ceremony of Shiraz tournaments](#)

## 会議と集会

- [テヘランの式典](#)
- [シラーズの式典](#)
- [バクーの開会式](#)
- [イスファハンの式典](#)
- [社長の存在と体育の日](#)
- [ベネズエラ大統領の存在下でパフォーマンス](#)
- [バクーでのパフォーマンス](#)
- [チャルースで自己ベストの大会の最高の開会式](#)
- [第4回国際武道ゲームエストニアの2011 \(IMGC\)](#)
- [シラーズ大会の開会式](#)



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